



# Gums and Periodontics in English: From Plaque to Flap Surgery

79 words

| ENGLISH                 | TRANSCRIPTION                 |
|-------------------------|-------------------------------|
| periodontium            | ,periə'dɒnʃiəm                |
| periodontal ligament    | ,periə'dɒntəl 'liɡəmənt       |
| alveolar bone           | æl'vi:ələ bæʊn                |
| supporting tissues      | sə'pɔ:tɪŋ 'tɪʃu:z             |
| biological width        | ,baɪə'lɒdʒɪkəl wɪdθ           |
| keratinized tissue      | 'kerətɪnaɪzd 'tɪʃu:           |
| gingival margin         | 'dʒɪndʒɪvəl 'mɑ:dʒɪn          |
| gingival contour        | 'dʒɪndʒɪvəl 'kɒntʊə           |
| plaque                  | plɑ:k                         |
| dental plaque           | 'dentəl plɑ:k                 |
| biofilm                 | 'baɪəʊfɪlm                    |
| calculus                | 'kælkjʊləs                    |
| tartar                  | 'tɑ:tə                        |
| supragingival calculus  | ,su:prə'dʒɪndʒɪvəl 'kælkjʊləs |
| subgingival calculus    | sʌb'dʒɪndʒɪvəl 'kælkjʊləs     |
| plaque retention factor | plɑ:k rɪ'tenʃən 'fæktə        |
| periodontal pathogen    | ,periə'dɒntəl 'pæθədʒən       |
| risk factor             | rɪsk 'fæktə                   |
| smoking                 | 'sməʊkɪŋ                      |
| diabetes                | ,daɪə'bi:ti:z                 |
| gingivitis              | ,dʒɪndʒɪ'vaɪtɪs               |
| chronic gingivitis      | 'krɒnɪk ,dʒɪndʒɪ'vaɪtɪs       |
| gum disease             | ɡʌm dɪ'zi:z                   |
| periodontal disease     | ,periə'dɒntəl dɪ'zi:z         |

| ENGLISH                          | TRANSCRIPTION                |
|----------------------------------|------------------------------|
| <b>periodontitis</b>             | ,periədɒn'taɪtɪs             |
| <b>chronic periodontitis</b>     | 'krɒnɪk ,periədɒn'taɪtɪs     |
| <b>aggressive periodontitis</b>  | ə'ɡresɪv ,periədɒn'taɪtɪs    |
| <b>necrotizing gingivitis</b>    | 'nekrətaɪzɪŋ ,dʒɪndʒɪ'vaɪtɪs |
| <b>periodontal abscess</b>       | ,periə'dɒntəl 'æbsəs         |
| <b>gingival hyperplasia</b>      | 'dʒɪndʒɪvəl ,haɪpə'pleɪziə   |
| <b>gingival enlargement</b>      | 'dʒɪndʒɪvəl ɪn'lɑ:dʒmənt     |
| <b>gingival recession</b>        | 'dʒɪndʒɪvəl rɪ'seʃən         |
| <b>furcation involvement</b>     | fɜ:'keɪʃən ɪn'vɒlvmənt       |
| <b>tooth migration</b>           | tu:θ maɪ'ɡreɪʃən             |
| <b>drifting</b>                  | 'drɪftɪŋ                     |
| <b>periodontal pocket</b>        | ,periə'dɒntəl 'pɒkɪt         |
| <b>pocket depth</b>              | 'pɒkɪt depθ                  |
| <b>probing depth</b>             | 'prəʊbɪŋ depθ                |
| <b>true pocket</b>               | tru: 'pɒkɪt                  |
| <b>pseudopocket</b>              | 'sju:dəʊpɒkɪt                |
| <b>clinical attachment level</b> | 'klɪnɪkəl ə'tætʃmənt 'levəl  |
| <b>attachment loss</b>           | ə'tætʃmənt lɒs               |
| <b>bleeding on probing</b>       | 'bli:dɪŋ ɒn 'prəʊbɪŋ         |
| <b>suppuration</b>               | ,sʌpjʊ'reɪʃən                |
| <b>gingival index</b>            | 'dʒɪndʒɪvəl 'ɪndeks          |
| <b>plaque index</b>              | plɑ:k 'ɪndeks                |
| <b>bleeding index</b>            | 'bli:dɪŋ 'ɪndeks             |
| <b>mobility grade</b>            | məʊ'bɪləti greɪd             |
| <b>periodontal screening</b>     | ,periə'dɒntəl 'skri:nɪŋ      |
| <b>bone loss</b>                 | bəʊn lɒs                     |
| <b>horizontal bone loss</b>      | ,hɒrɪ'zɒntəl bəʊn lɒs        |

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|---------------------------------------|---------------------------------|
| <b>vertical bone loss</b>             | 'vɜ:tɪkəl bəʊn lɒs              |
| <b>angular defect</b>                 | 'æŋgʃlə 'di:fekt                |
| <b>infrabony defect</b>               | ˌɪnfɹə'bəʊni 'di:fekt           |
| <b>scaling</b>                        | 'skeɪlɪŋ                        |
| <b>root planing</b>                   | ru:t 'pleɪnɪŋ                   |
| <b>scaling and root planing</b>       | 'skeɪlɪŋ ənd ru:t 'pleɪnɪŋ      |
| <b>deep cleaning</b>                  | di:p 'kli:nɪŋ                   |
| <b>subgingival debridement</b>        | sʌb'dʒɪndʒɪvəl dɪ'bri:dmənt     |
| <b>full-mouth disinfection</b>        | fʊl maʊθ ˌdɪsɪn'fekʃən          |
| <b>local antimicrobial</b>            | 'ləʊkəl ˌæntɪmaɪ'krəʊbiəl       |
| <b>re-evaluation</b>                  | ˌri:ɪˌvælju'eɪʃən               |
| <b>periodontal surgery</b>            | ˌperiə'dɒntəl 'sɜ:dʒəri         |
| <b>flap surgery</b>                   | flæp 'sɜ:dʒəri                  |
| <b>open flap debridement</b>          | 'əʊpən flæp dɪ'bri:dmənt        |
| <b>gingivectomy</b>                   | ˌdʒɪndʒɪ'vektəmi                |
| <b>gingivoplasty</b>                  | 'dʒɪndʒɪvəʊˌplæsti              |
| <b>crown lengthening</b>              | kraʊn 'leŋθənɪŋ                 |
| <b>gum graft</b>                      | ɡʌm ɡrɑ:ft                      |
| <b>connective tissue graft</b>        | kə'nektɪv 'tɪʃu: ɡrɑ:ft         |
| <b>free gingival graft</b>            | fri: 'dʒɪndʒɪvəl ɡrɑ:ft         |
| <b>pedicle graft</b>                  | 'pedɪkəl ɡrɑ:ft                 |
| <b>guided tissue regeneration</b>     | 'ɡaɪdɪd 'tɪʃu: rɪˌdʒenə'reɪʃən  |
| <b>root coverage</b>                  | ru:t 'kʌvərɪdʒ                  |
| <b>periodontal maintenance</b>        | ˌperiə'dɒntəl 'meɪntənəns       |
| <b>supportive periodontal therapy</b> | sə'pɔ:tɪv ˌperiə'dɒntəl 'θerəpi |
| <b>recall visit</b>                   | rɪ'kɔ:l 'vɪzɪt                  |
| <b>splinting</b>                      | 'splɪntɪŋ                       |

ENGLISH

TRANSCRIPTION

**periodontist**

ˌperiəˈdɒntɪst

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## ENGLISH

**Your gums bleed because there is plaque under the gumline.**

**Bleeding gums are not normal.**

**We measure the pockets around each tooth.**

**Three millimetres is healthy; this one is six.**

**You have moderate gum disease.**

**The bone around these teeth has receded.**

**Gum disease is usually painless until it is advanced.**

**We'll start with a deep clean under the gum.**

**This will be done over two appointments, one side at a time.**

**Your gums may feel sore and the teeth sensitive afterwards.**

**Smoking makes gum treatment less effective.**

**Can the bone grow back?**

**We can stop it getting worse, but lost bone does not return.**

**You'll need cleaning every three months instead of every six.**

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