



Cooking and Food Preparation in English: useful vocabulary for recipes, kitchen tasks, and cooking methods

50 words

ENGLISH	TRANSCRIPTION
cook	/kʊk/
boil	/bɔɪl/
fry	/fraɪ/
bake	/beɪk/
grill	/grɪl/
roast	/rəʊst/
steam	/sti:m/
chop	/tʃɒp/
slice	/slaɪs/
cut	/kʌt/
mix	/mɪks/
stir	/stɜː/
add	/æd/
heat	/hi:t/
oven	/'ʌvən/
pan	/pæn/
pot	/pɒt/
recipe	/'resəpi/
raw	/rɔː/
cooked	/kʊkt/
crispy	/'krɪspi/
soft	/sɒft/
prepare	/prɪ'peə/

ENGLISH	TRANSCRIPTION
method	/ˈmeθəd/
peel	/pi:l/
grate	/greɪt/
whisk	/wɪsk/
knead	/ni:d/
pour	/pɔ:(r)/
season	/ˈsi:zən/
marinate	/ˈmæɪneɪt/
simmer	/ˈsɪmə(r)/
preheat	/ˌpri:ˈhi:t/
melt	/melt/
cool down	/ku:l daʊn/
serve	/sɜ:v/
drain	/dreɪn/
measure	/ˈmeʒə(r)/
blend	/blend/
crush	/krʌʃ/
spread	/spred/
sprinkle	/ˈsprɪŋkəl/
deep-fry	/ˌdi:p ˈfraɪ/
saute	/ˈsəʊteɪ/
microwave	/ˈmaɪkrəweɪv/
defrost	/ˌdi:ˈfrɒst/
rinse	/rɪns/
dice	/daɪs/
fold in	/fəʊld ɪn/
set aside	/set əˈsaɪd/

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Open

20 phrases

ENGLISH

Fry the onion and add the sauce.

I usually bake vegetables in the oven.

Boil the pasta for ten minutes.

Chop the tomatoes into small pieces.

Mix everything well before cooking.

The chicken is fully cooked now.

Steam the broccoli for a few minutes.

Roast the potatoes until they are crispy.

Heat the pan before you add oil.

I prefer grilled fish to fried fish.

This recipe is easy to prepare.

Stir the soup slowly.

First chop the onions and heat the oil.

Add the garlic and stir well.

Bake the dish until it turns golden.

Let the soup simmer for a few minutes.

Peel the potatoes before you slice them.

This recipe is easy to prepare at home.

Serve the food while it is still hot.

Stir the sauce until it becomes smooth.

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